Froedtert & the Medical College of Wisconsin Endocrine Surgery - Medication Guidelines Prior to Surgery

**Cardiac medications (blood pressure medications): DO NOT take on the day of surgery:**

* Benazepril (Lotensin)
* Bumetanide (Bumex)
* Candesartan (Atacand)
* Captopril (Capoten)
* Enalapril (Vasotec)
* Eprosartan (Teveten)
* Fosinopril (Monopril)
* Furosemide (Lasix)
* Hydrochlorothiazide (HCTZ)
* Iosartan (Cozaar, Hyzaar)
* Irbesartan (Avapro)
* Lisinopril (Prinivil, Zestril)
* Metolazone (Zaroxolyn)
* Olmesartan (Benicar)
* Perindopril (Aceon)
* Quinapril (Accupril)
* Ramipril (Altace)
* Spironolactone (Aldactone)
* Telmisartan (Micardis)
* Valsartan (Diovan)

Blood thinners: Please make sure you have discussed this with your physician or surgeon before stopping these medications.

* Aspirin – **Stop taking 7 days before surgery**
* Coumadin – **Stop taking 5 days before surgery**
* Heparin – **Must be held for 12 hours prior to surgery**
* Antiplatelet agents (Plavix, clopidogrel, ticlopidine) – **Please follow your surgeon or cardiologist’s recommendations.**

**Diabetes medications:**  
Insulin – Patient with insulin pumps:

* Continue your **basal rate ONLY**

Patients without insulin pumps:   
On the morning of surgery:

* Hold short acting insulin
* Pre-mixed insulin (eg. 70/30): give 1/3 of usual dose
* Lantus: give usual dose

**Oral diabetic medications: do not take the morning of surgery**

* Metformin
* Glyburide
* Glipizide

**Other prescription medications:**

* MAO inhibitors – **do not take the day of surgery**
* Premarin – **do not take on the day of surgery**
* Viagra or similar drugs – **do not take 24 hours before surgery**

**Over-the-counter medications:**

* Aspirin – **stop taking 7 days before surgery**
* NSAIDS (ibuprofen, Aleve, naproxen, Celebrex) – **stop taking 7 days before surgery**
* Iron – **do not take on the day of surgery**
* Herbal supplements and Vitamin E-containing multivitamins – **stop taking 7 days prior to surgery**